



PRATIBIMB



UMANG - THRILL-A-THON - 2024

EDITORIAL

Celebrating Unity, Excellence, and Sportsmanship

The spirit of camaraderie and competition thrives as we look back on the electrifying Inter-Events and Annual Sports Meet. These events are not just about winning medals or setting records; they represent the values of teamwork, determination, and resilience that bind us together as a community. The Inter-Events served as a platform to highlight the diversity of talents within our institution. From cultural performances to intellectual debates and collaborative workshops, participants demonstrated creativity, innovation, and an unwavering commitment to excellence. The events emphasized the importance of holistic growth, encouraging everyone to explore their unique potential beyond academics. The Annual Sports Meet, a much-awaited highlight of our calendar, took this spirit to the field. It was a spectacle of grit and glory, where athletes pushed their limits and showcased extraordinary athleticism. The roar of the crowd, the burst of energy in every race, and the triumphs celebrated with thunderous applause reminded us of the unifying power of sports. These events are a testament to our shared values—discipline, perseverance, and respect. Each participant, whether on stage, on the field, or behind the scenes, contributed to this collective success.

NOVEMBER ALMANAC

Date	Day	Event
1st	Fri	World Vegan Day, All Saints Day, Rajyotsava day (karnataka Formation Day)
2nd	Sat	All Souls Day 1st Tuesday in November (In 2021, it falls on 2 November) Melbourne Cup Day
5th	Tue	World Tsunami Awareness Day
6th	Wed	International Day for Preventing the Exploitation of the Environment in war and armed Conflict
7th	Thu	Infant Protection Day, National Cancer Awareness Day
9th	Sat	Iqbal Day, Legal services Day
10th	Sun	World Science Day for Peace and Development
11th	Mon	Armistice Day (Remembrance Day), National Education Day World Usability Day (Second Thursday in November)
12th	Tue	World Pneumonia Day, Guru Nanak Dev's Birth Anniversary
13th	Wed	World Kindness Day
14th	Thu	World Diabetes Day, Children's Day
16th	Sat	International Day for Tolerance
17th	Sun	National Epilepsy Day
19th	Tue	International Men's Day, World Toilet Day
20th	Wed	Universal Children's Day, Africa Industrialisation Day
21st	Thu	World Television Day, World Day of Remembrance for Road Traffic Victims
25th	Mon	International Day for the Elimination of Violence against Women
26th	Tue	Constitution Day of India
29th	Fri	International Day of Solidarity with Palestinian People
30th	Sat	Saint Andrew's Day

NOVEMBER HIGHLIGHTS

UMANG - THRILL-A-THON - 2024

'The Jain International school, Chh Sambhajinagar' celebrated its '14th Annual Sports Meet' on 1st December 2024 to celebrate the Khel Protsahan Puraskar which was presented to respected Chairman of jgi schools, Dr Chenraj Roychand with great fervor and excitement at the school grounds. The event showcased the students' athletic talents and emphasized the importance of physical fitness and teamwork.

The day began with the lighting of the lamp by the esteemed chief guest 'Miss Aishwarya Avinash Aghav ma'am- an international athlete along with the dignitaries - Secretary academic council, jgi schools - Dr Mona Mehdi ma'am and Dr. Surgeon Captain Mohan Suresh Rote sir.

A melodious 'welcome song' was sung by the students and also a beautiful 'welcome dance' was presented by the students. A huge mascot for the day was unveiled by the eminent dignitaries present. Major highlight of the day was the 'Torch run' by the students of our school who had played and won national and international awards in sports. A spectacular 'Inter house march past' was displayed by the students.



Students of grade 1 to 8 presented wonderful, nail biting 'sports drills' using beautiful hand made props, which were appreciated and liked by the audience a lot. The chief guest addressed and commended the school for fostering a spirit of sportsmanship and discipline among the students in her speech. On this day, students of grade 1 to 10 were appreciated and awarded with 'academic excellence awards' and teachers who had been working for more than 5 years were also presented with the 'milestone awards' by the esteemed guests. In her address, our respected Principal - Mrs Shikha Srivastava ma'am along with reading of the school annual report congratulated all the participants and thanked the teachers and staff for their efforts in organizing the event. She emphasized the importance of balancing academics with sports for holistic development. The event concluded with a beautiful 'dance performance' by the teachers, principal and the coordinators followed by the national anthem, leaving behind memories of a day filled with joy, energy and achievement. Our school's 14th Annual sports meet showcased the school's commitment to nurturing young talent and promoting a healthy lifestyle among its students.















**Message from
The
PRINCIPAL**

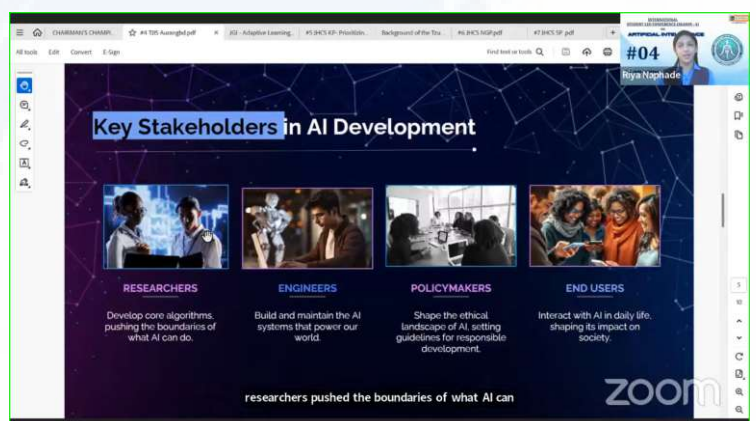


MS. SHIKHA SRIVASTAVA
PRINCIPAL

UMANG - THRILL-A-THON - 2024

Dear Students, Parents, and Staff,

Dear Students, Staff, and Parents, As we bring our school community together through the Inter-House Events and Annual Sports Meet, I am filled with pride and anticipation. These occasions are not just about competition but about fostering teamwork, resilience, and the spirit of excellence. Our Inter-House Events offer an excellent platform for students to showcase their talents, explore new interests, and build camaraderie among peers. They inspire creativity, leadership, and collaboration, which are essential qualities for holistic development. The Annual Sports Meet is another exciting chapter in our school calendar. It celebrates the joy of physical fitness, discipline, and sportsmanship. Every race, jump, and throw is a testament to the hard work and dedication of our young athletes. It is also a reminder that success is as much about the effort we put in as the results we achieve. I congratulate every participant, organizer, and mentor who has worked tirelessly to make these events successful. Let us continue to uphold the values of fair play and mutual respect, making these events a memorable experience for all. Wishing everyone the very best!



Celebration of *Chairman's Championship Week* - Day 1: Splash of Colour & Welcoming the New Year

The first day of Chairman's Championship Week was filled with excitement as *Grade 1 and 2* students celebrated a "Splash of Colour" theme to welcome the New Year. The day was marked by engaging activities that allowed the students to express their creativity through vibrant colors. After the fun-filled celebration, a meaningful message on the significance of colors and their symbolism was shared, enhancing the students' knowledge. It was truly an enjoyable and colorful start to the week.

Celebration of Chairman's Championship Week - Day 2: Collage Making of Family Holiday

On Day 2 of Chairman's Championship Week, *Grade 3 and 4* students participated in a creative and enjoyable activity: *making collages of their family holidays*. The students had a wonderful time crafting colorful and meaningful collages that depicted their special holiday memories. After the activity, a thoughtful message was shared, reflecting on the importance of family bonds and cherished holiday experiences. It was a fun and engaging day that allowed the students to express their creativity while celebrating family connections.

*Celebration of Chairman's Championship Week - * Day 3: poster making competition on say no to screen *Grade 5 and 6* students participated in a creative and enjoyable activity: The students had a wonderful time crafting colorful and a thoughtful messages which were shared, reflecting on the importance of say no to screen. It was an engaging day that allowed the students to express their creativity.

*Celebration of Chairman's Championship- Day 4-

Topic - *'Creating a digital Thank You greeting'*

Students of grade 7 and 8 of 'The Jain International school', Chh Sambhajinagar collaborated to create a digital thank-you greeting as part of celebrating 4th day of Chairman Championship. They incorporated vibrant colors, images and thoughtful text to enhance their messages, emphasizing creativity throughout the process.

This project provided an excellent opportunity for students to develop digital literacy skills, express their appreciation and work together in a fun, engaging activity.



JAIN Online, the e-learning arm of *JAIN University*, hosted a session featuring the Hon'ble Minister of Finance and Corporate Affairs, *Smt. Nirmala Sitharaman*, alongside Dr. Chenraj Roychand. Titled *"India's Growth Story: Marching Towards Viksit Bharat,"* the event saw Smt. Sitharaman sharing valuable insights on India's economic vision, fiscal strategy, and the role of youth empowerment and innovation in shaping the nation's future.



Day 1: Opening Day Celebration

The inter-house sports competition at The Jain International school, Chh.Sambhajinagar commenced on a high note on 18th November with great enthusiasm and excitement among students and teachers.. The event was inaugurated by the Chief Guest,Dr. Surgeon Captain Mohan Suresh Rote, who encouraged students to pursue sports with dedication. During the prize distribution ceremony, medals were awarded to students from toddlers,grade 1,2,9 and 10. Dr.Rote praised the school for fostering a competitive spirit and stressed the importance of teamwork and perseverance. The event concluded with a vote of thanks by the Head boy of the school promising more thrilling contests in the coming days.

Day 2 of the inter-house sports competition witnessed heightened excitement.

The Chief Guest for the day was Mr. Ashok Hange sir, who addressed the audience about the mental strength required in sports. During the prize distribution ceremony,Mr Ashok Hange handed over trophies and certificates to the students of grade 3 and 4.He appreciated the school for providing a platform for holistic development and urged students to balance academics and sports. Special applause was given to students who displayed outstanding sportsmanship.

The day ended with the vote of thanks by the school head boy.

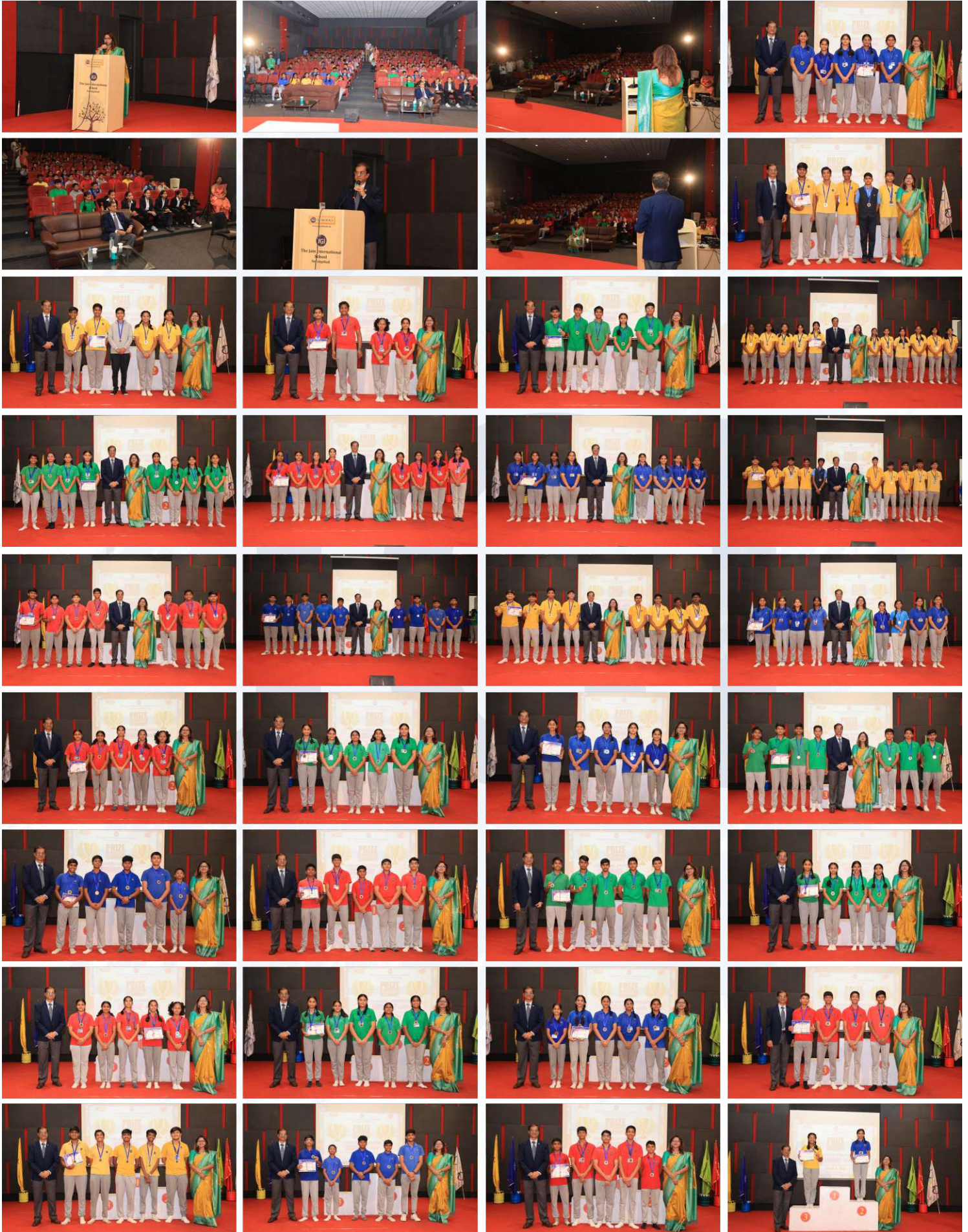
Day 3: Final day and Closing Ceremony

The final day of the competition was a spectacular affair, with the excitement reaching its peak. The Chief Guest,Mr. Sunil Shyamlal Pandey graced the occasion. During the closing ceremony Mr. Pandey presented individual medals, and certificates to the students of grade 5,6,7 and 8.He congratulated the school for promoting sports and emphasized the role of physical fitness in a healthy lifestyle.

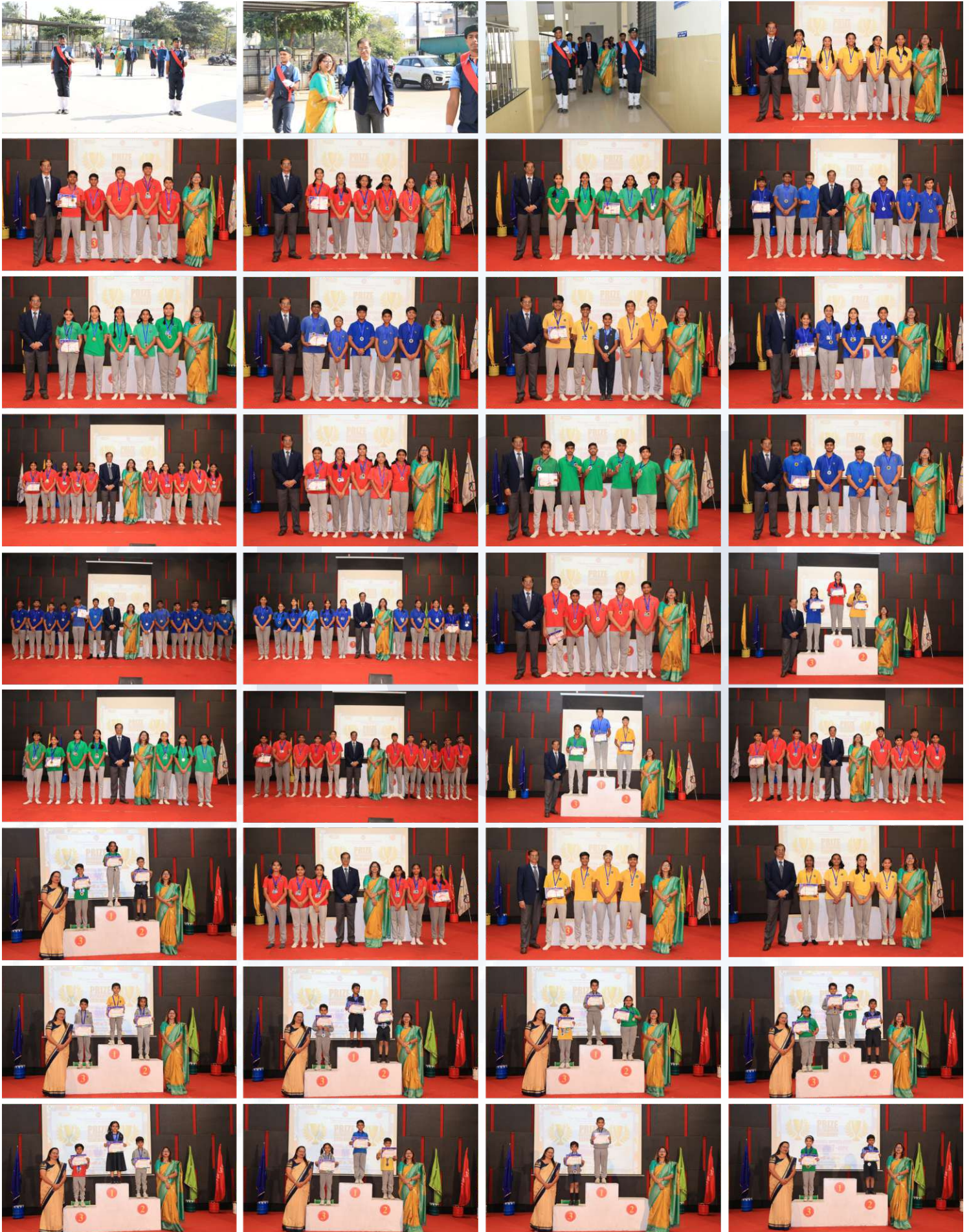
The Principal delivered the closing remarks, thanking the guests, participants, and organizers for making the event a grand success. The ceremony concluded with the national anthem, leaving everyone inspired and motivated for future challenges. This three-day celebration was a testament to the school's commitment to nurturing talent and instilling the values of discipline, hard work, and camaraderie among students.



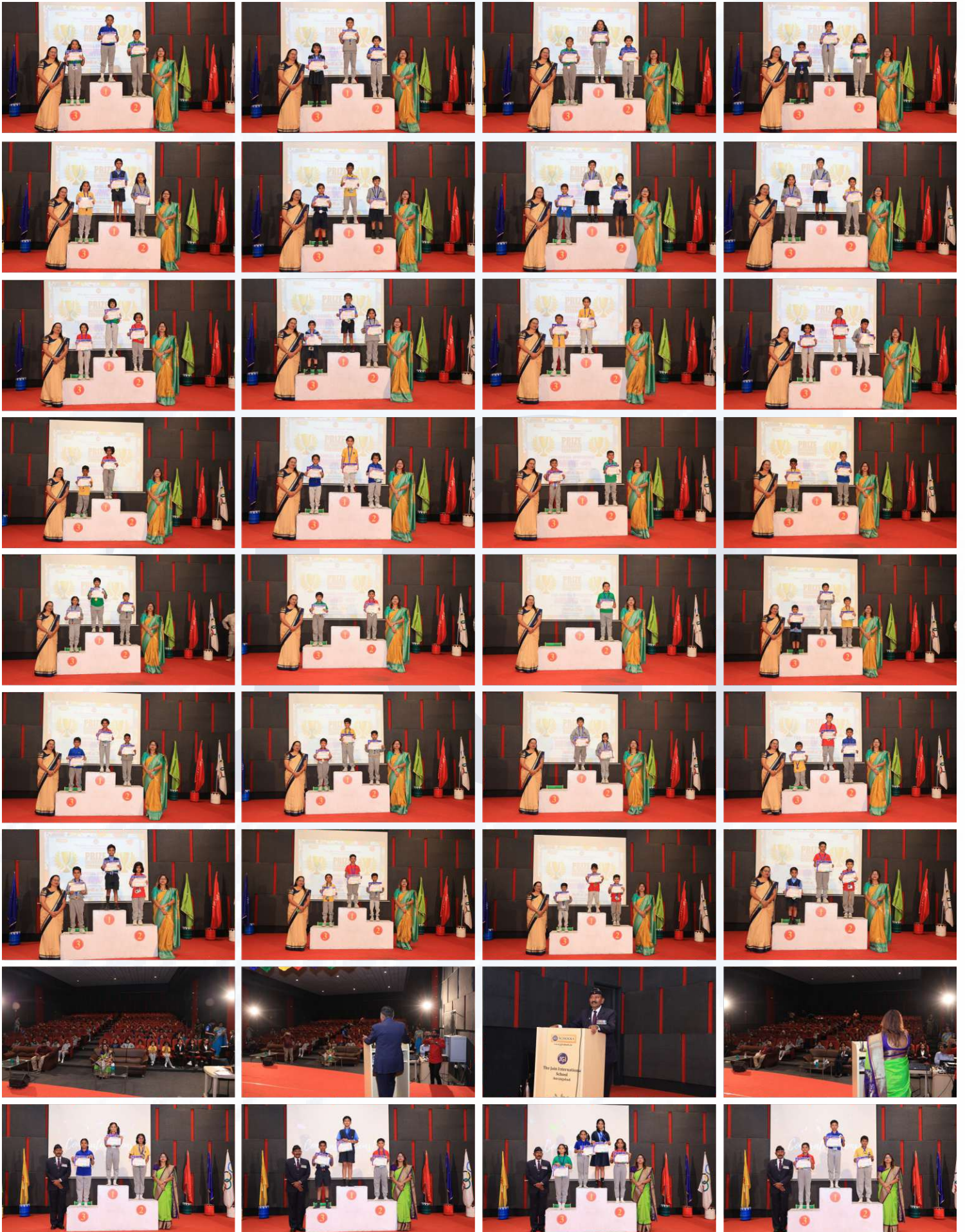
Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony



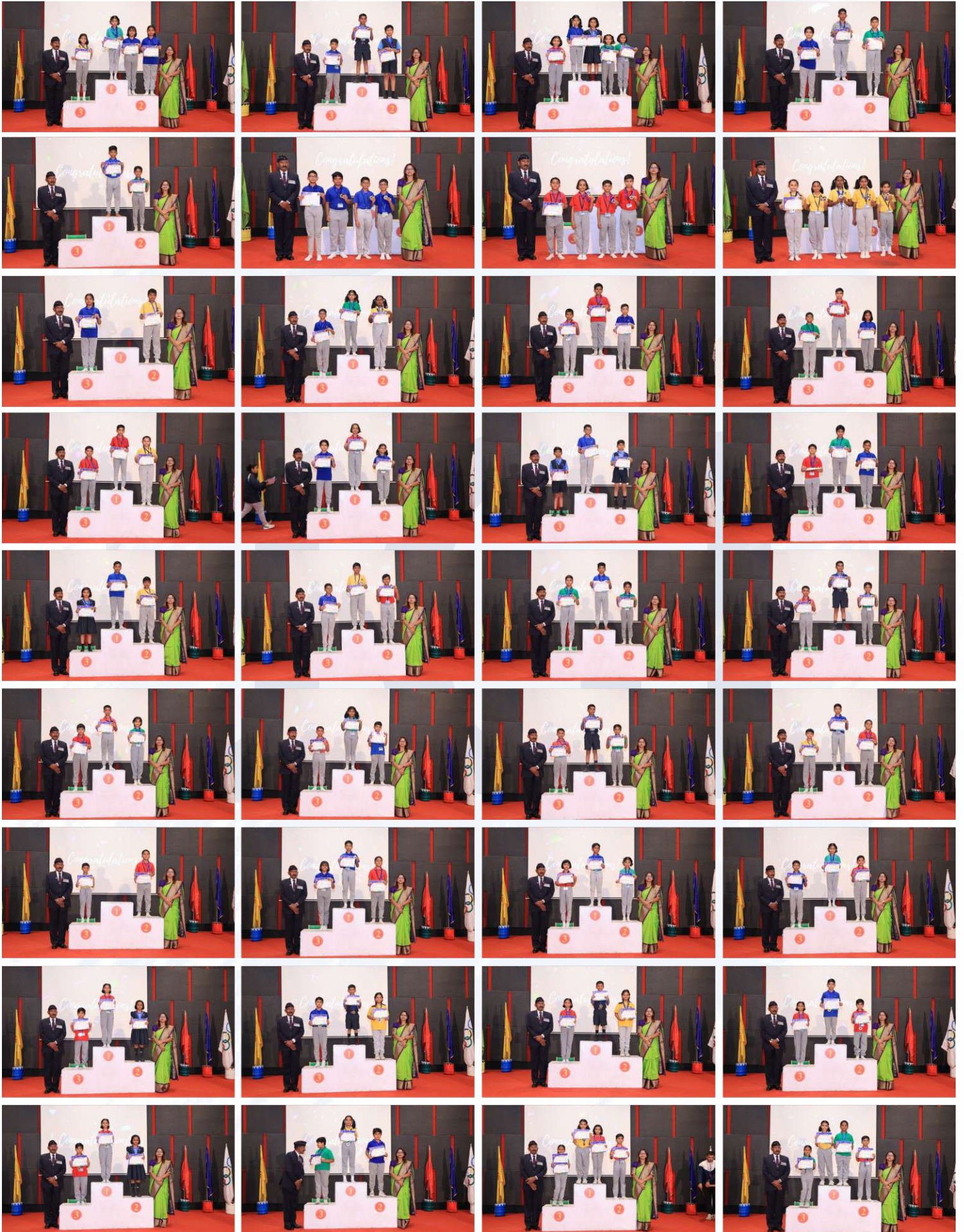
Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony



Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony



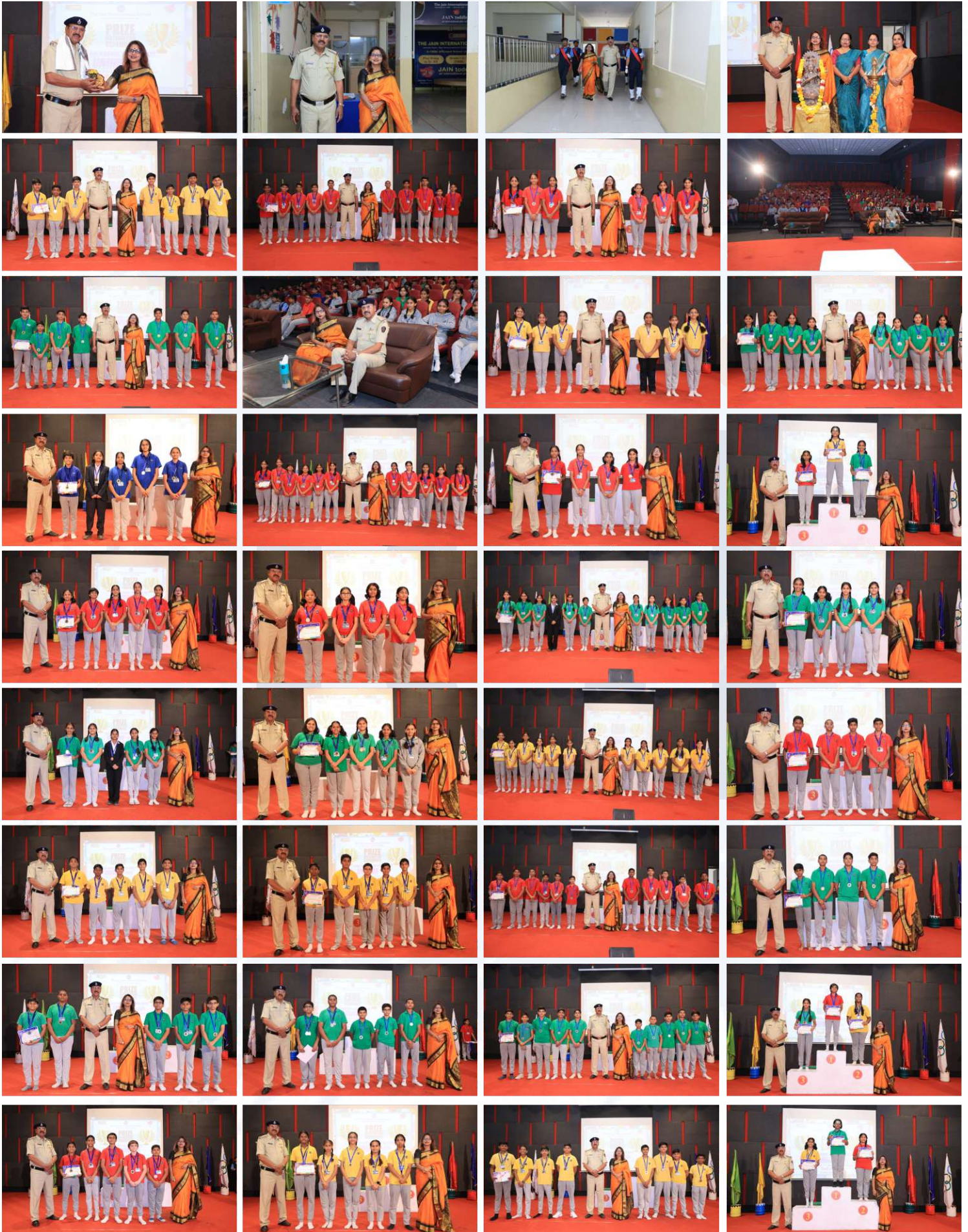
Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony



Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony



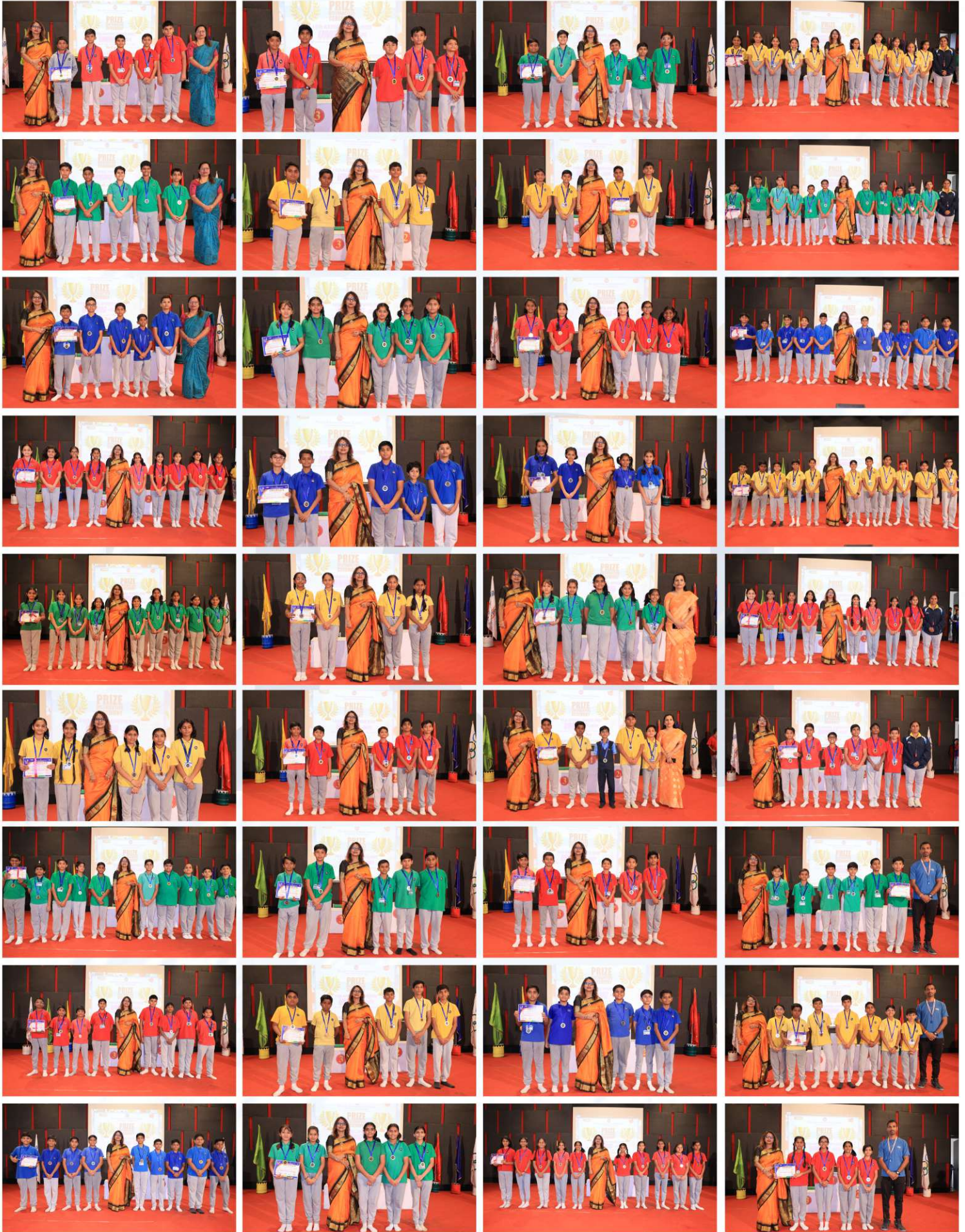
Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony

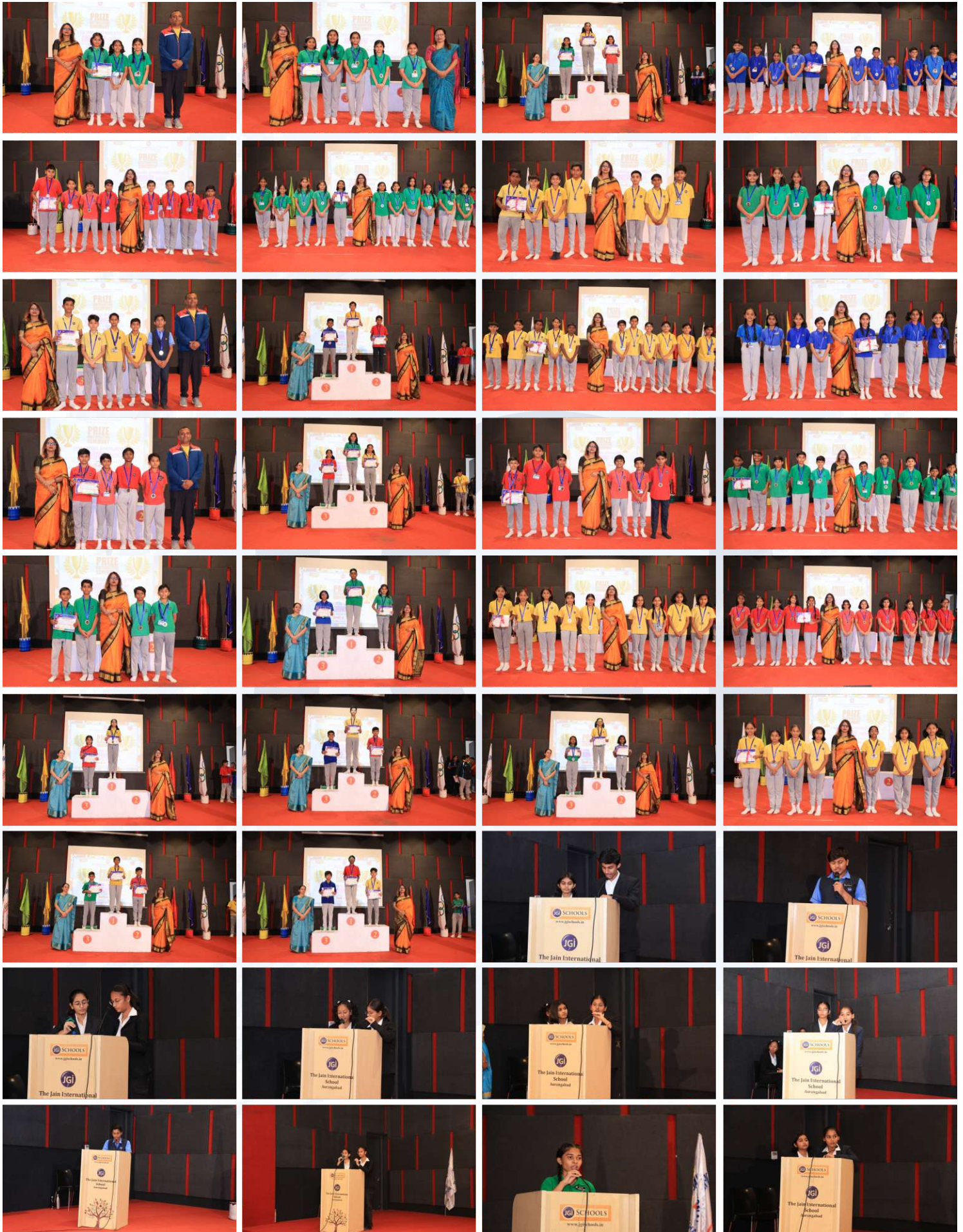


Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony

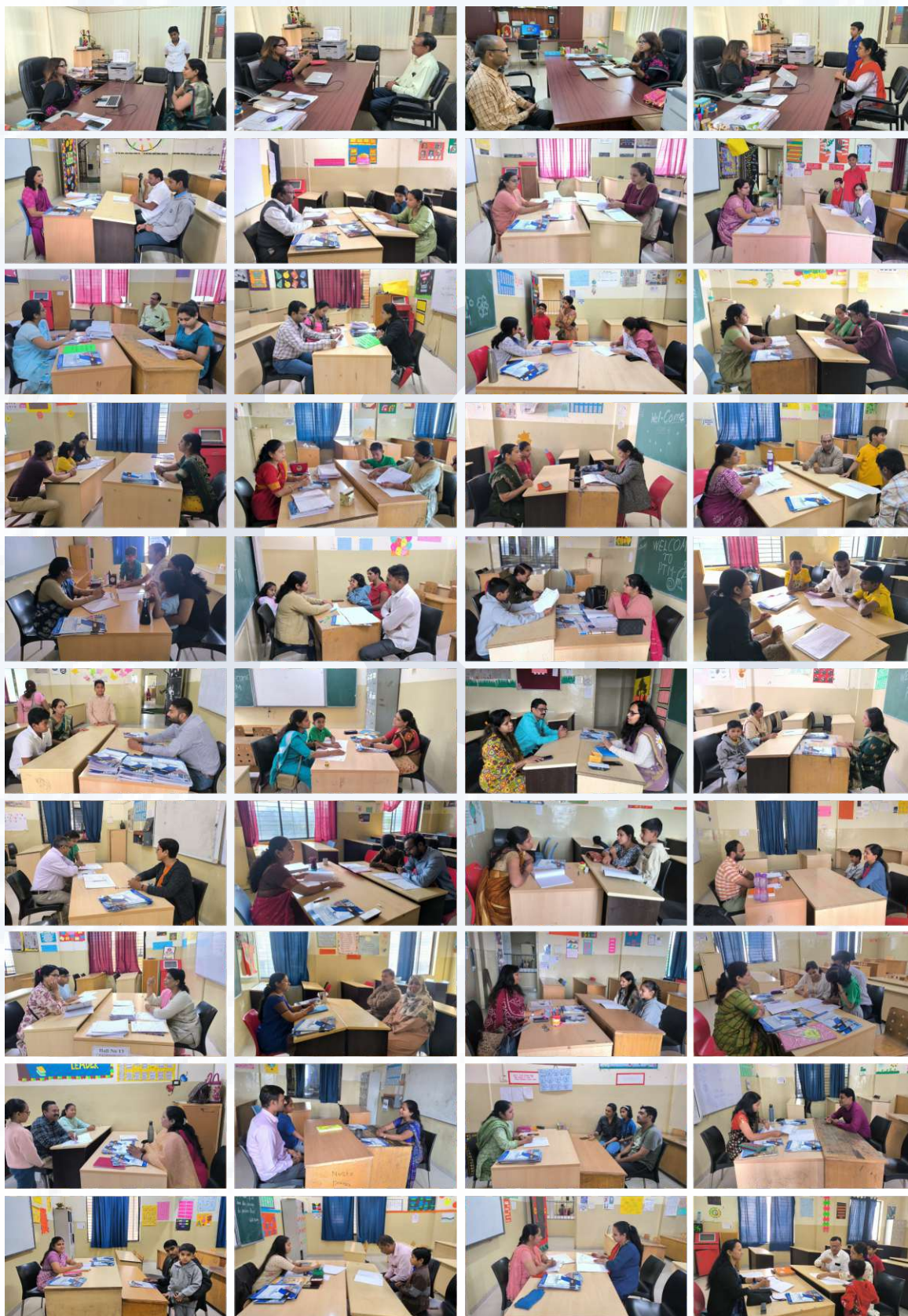


Annual Sports Meet - UMANG- THRILL-A-THON Prize Distribution Ceremony



Annual Sports Meet - UMANG- THRILL-A-THON
Prize Distribution Ceremony

As Parent-teacher meeting is a perfect way to discuss the child's progress and exchange insights and thoughts about the child's developmental milestones and academic progress. On 23rd November 2024, Saturday, the 4th PTM was conducted at TJIS - Chh. Sambhaji Nagar. A comprehensive feedback about each student was given by all the subject teachers and the class teachers to the parents. There was mutual exchange of ideas and suggestions with an aim to work together to enhance the personality and academic performance of the students. The parents appreciated the smooth functioning of the school under the able guidance of our respected Principal Mrs Shikha Shrivastava ma'am. They also expressed their gratitude and appreciated the efforts being put in by all the teachers towards the progress of their wards. Parents overall gave a positive feedback and were happy and grateful to the entire staff of the school.



TJIS celebrated the joy and innocence of childhood with enthusiasm and creativity. Our Children's Day celebration was filled with joy and excitement! The teachers put on a wonderful performance, including a lively song and dance, which captured the essence of this special day. The significance of Children's Day was beautifully explained, and our respected principal also participated, making the event even more memorable. Our respected principal ma'am sang a beautiful song and conducted a quiz, which was enjoyed by everyone.

As we conclude the celebration, let us remember that today is a reminder of the importance of children in our lives. They are the future, and it's our responsibility to provide them with love, care, and opportunities to grow. May we continue to nurture their dreams and empower them to become the leaders of tomorrow.

Happy Children's Day to all!



The Wonders of the Rainforest

The rainforest is one of the most amazing places on Earth. It is home to millions of plants, animals and insects that cannot be found anywhere else. The trees in the rainforest are so tall that they form a green roof called a canopy. This canopy provides shelter to animals like monkeys, birds and snakes.

Rainforests also help humans by giving us oxygen, medicines and fruits. However, many rainforests are being cut down for farming and building. This is called deforestation and it harms the plants and animals living there. If we do not protect the rainforest, we could lose many species forever.

We can help by planting trees, reducing waste, and supporting efforts to save these precious forests. The rainforest is a treasure and we must take care of it so future generations can enjoy its beauty and benefits.

TANISHQ SABLE
Grade :VIII

The Joy of Playing Sports

Sports are an exciting part of life for children and adults alike. Playing games like cricket, football, and badminton not only keeps us active but also teaches us teamwork and discipline. My favorite sport is basketball because it is fast-paced and fun. When we play sports, we learn to win gracefully and accept defeat with a smile. Sports also help us stay healthy and strong by improving our stamina and focus. Watching players like Virat Kohli or Lionel Messi inspires me to work hard and never give up. I think everyone should play at least one sport to enjoy its many benefits and make new friends. Sports truly make our lives happier and more colorful!

TANISHKA PAVSE
Grade :VIII

JGI

The Jain International School 15 Students Stunts the Nation in All India Pickleball National Tournament Recently organised in the Pickleball tournament which was organised by all India Pickleball Association at Haryana of National Level in which 18 States took part and students of the Jain International School played an Diamond role in the whole tournament to make *Maharashtra State* win in the National Tournament

The stars students of the Jain International school once again makes the whole Maharashtra State proud to be consecutively 3rd time an *National Champion*

Maharashtra State got the

Girls Championship

Boys Championship

and plus

Best Performance Trophy was awarded to Team Maharashtra

As we are proud to display that in the whole winning Maharashtra team squad *15 Students* were of the The Jain International School

Students participated in the Event *Singles* *Doubles* and *Mix Doubles* Students won in the different categories and a step to step winning in all this different event makes an Maharashtra State an a National Champion in which The Jain International School students played very important role, as students gave their super performance and showed the superb skills with the great combination of different strokes and awesome strategies, Tjis students stunning thier opponent with all their different skills with full efforts and full confidence in the whole tournament, students worked very hard and showed their best talent in front of all India this best performance was markable in front of the whole Nation and they proved that they were the tournament best star performers to make Maharashtra State a National Champion.

All Students went through the golden guidance of the Head of the JASE ACADEMY Mr.Mahesh Pardeshi

Students also got the strong back support of P.T Teacher HOD.Mr Anikesh Shukla, Mr.Ganesh Tupe, Mrs.Ashwini Shinde, Asst coach Tejas & Yash Gaikwad

All Students were Felicitated by Principal Mrs Shikha Shrivastava All Students were Congratulated by Honorable School Committee Members Chairmen Dr.Chennraj Jain, CEO Dr.Chandrshekhar Dp, Secretary Dr.Mona Mehdi, and It Sec Ms Lalitha Kosaraju

All students wished for the best luck for further matches and tournaments by all Coordinators, Coaches and Teachers.



Winner of SIP Abacus International competition in Kolkata, Arav Banbheru and Anay Dongare



LOKMAT TIMES

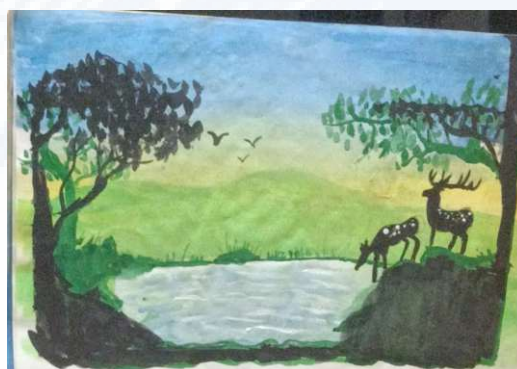
Annual sports meet at TJIS

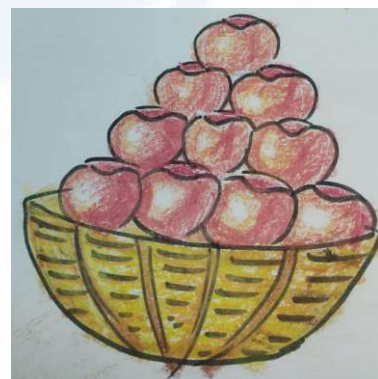


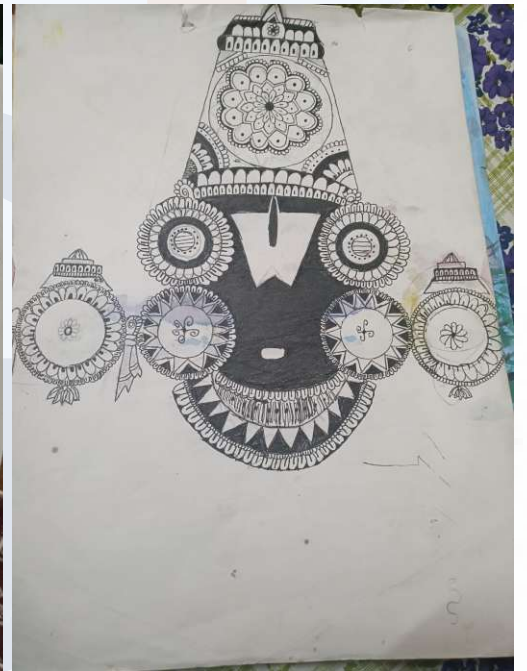
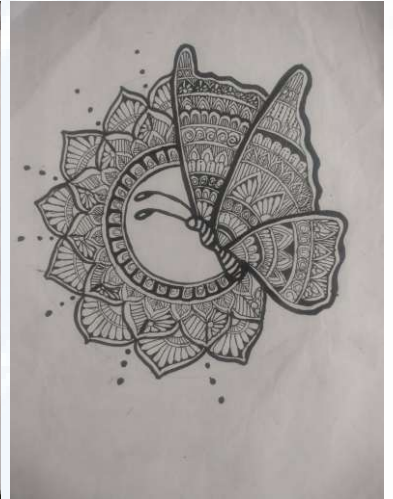
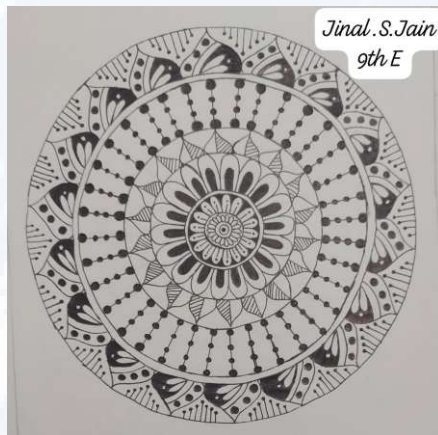
The Jain International School celebrated its 14th Annual Sports Meet UMANG. The theme was Thrill-A-Thon. The event showcased the students' athletic talents and emphasized the importance of physical fitness.

The chief guest was Aishwarya Aghav - an international athlete. Other dignitaries present were Secretary, JGI schools - Dr Mona Mehdi and Surgeon Captain Mohan Suresh Rote. Highlight of the

day was the "Torch run" by the students. An 'Inter-house march past' was displayed. Students of grade 1 to 8 presented 'sports drills' using handmade props. The chief guest commended the school for fostering a spirit of sportsmanship and discipline. Students were presented 'academic excellence awards'. Principal Shikha Srivastava congratulated the participants and thanked the teachers and staff for their efforts.





Jinal.S.Jain
9th EJinal.S.Jain
9th E

Name - Gajatri Kamrade - C - C. Akhoy house

Name: Sarbani Kaur (v.i.e)
Topic: Black is beautiful.

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
MANAS DATIL
Grade :- I

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
PARISHA BORDE
Grade :- I

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
KADAMBINI GANBHIVE
Grade :- I

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
AARADHYA MOHITE
Grade :- II

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
AARADHYA ROHRA
Grade :- II

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
AAAAA
Grade :- II

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
YADNESH GIRIDHARI
Grade :- III

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
ARTHRAJ KHULE
Grade :- III

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
KRISHNA AGRAWAL
Grade :- III

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
VIRATSINGH RAJPUT
Grade :- III

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
SHREENET BANDALE
Grade :- IV

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
RUHI BADMERA
Grade :- IV

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
HIBA KHAN
Grade :- IV

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
RUDRANSH MANGLKAR
Grade :- IV

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
SANVI DHORMARE
Grade :- V

PRINCIPAL

Date :- 30/11/2024

The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
LOKESH SAPKAL
Grade :- V

PRINCIPAL

Date :- 30/11/2024



JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
RAHVEER DESHMUKH
Grade :- V

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
AAROH DAVE
Grade :- V

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
ADVIKA HOLKAR
Grade :- V

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
VASUDHA KUTE
Grade :- VI

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
YASH RATHOD
Grade :- VI

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
NIHAAN MARVAH
Grade :- VI

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
ARNAV CHAVAN
Grade :- VI

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
GAYATRI KANAWADE
Grade :- VI

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
ARADHYA SAHASTRABUDHE
Grade :- VII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
SONAM TALREJA
Grade :- VII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
MANASWI RATHOD
Grade :- VII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
TULANA THAKUR
Grade :- VII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
LAVISH MULE
Grade :- VII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
OM METE
Grade :- VIII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
AMRUTA PIMPLE
Grade :- VIII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
TEJAS JADHAV
Grade :- VIII

PRINCIPAL

Date :- 30/11/2024

JGI The Jain International School,
Chhatrapati Sambhaji Nagar (Aurangabad)

STAR OF THE MONTH

Award Presented to
ARADHYA TUPE
Grade :- VIII

PRINCIPAL

Date :- 30/11/2024





HAPPY BIRTHDAY



JGI

HAPPY

BIRTHDAY

HAPPY BIRTHDAY



ART EXHIBITION



Annual Sports Meet - UMANG Prize Distribution Ceremony of Jain Toddlers



Preparing children to handle both success and failure is essential for their emotional resilience and overall well-being. Here are some parenting tips to guide you in teaching your child how to approach both outcomes with balance and perspective:

1. Model a Balanced Perspective -

Show them how you handle successes and failures in your own life. Celebrate achievements without arrogance and acknowledge mistakes without self-pity. - Use failures as opportunities to demonstrate problem-solving and perseverance.

2. Focus on Effort Over Outcome -

Praise their hard work, persistence, and dedication rather than just the result. For example, say, "I'm proud of how much effort you put into studying,"* rather than, *"I'm proud you got an A." - Teach them that both success and failure are part of the learning process.

3. Normalize Failure -

Share stories of well-known people who faced setbacks before achieving success. - Let them see failure as a stepping stone, not an end point.

4. Encourage Healthy Risk-Taking -

Allow them to take on challenges where there's a possibility of both success and failure. - Help them understand that risks are a part of growth and that avoiding failure at all costs can limit their potential.

5. Teach Emotional Regulation -

When they succeed, encourage humility and gratitude rather than overconfidence. - When they fail, validate their feelings, but guide them toward constructive thinking. For instance, ask, "What could you do differently next time?"

6. Celebrate Small Wins -

Recognize and celebrate small achievements to help them build confidence and appreciate progress.

7. Avoid Overprotectiveness -

Resist the urge to shield them from every possible failure. Allow them to experience manageable disappointments to build resilience.

8. Encourage Problem-Solving Skills -

Instead of offering immediate solutions, ask questions that lead them to think critically. For example, What do you think would work better next time?

9. Celebrate Effort, Not Success-

Appreciate our child's effort is easy when it involves a skill that is not a strength for them; but even when our children are very good at something, we should focus on their effort rather than their talent.

If our excitement of having a child with a great talent causes us to praise only their success in that area, we end up overlooking the effort and failures that are behind every achievement. When faced with an obstacle that requires skills that do not come as naturally, our children may be too focused on the outcome to appreciate the effort that comes with improvement.

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